International Biodanza Federation
S.R.TORO BIODANZA SCHOOL
TRIVENETO - PADUA - ITALY

RESIDENTIAL SPECIALIZATION COURSE IN AQUATIC BIODANZA

The specialization course is for biodanza teachers and trainers from S. R.Toro Biodanza Schools in Europe.

Rebirth - a return to the origin

Intensive single module - Places are limited

Teacher: Raffaella Zanetto

info@scuolabiodanzatriveneto.it - www.scuolabiodanzatriveneto.it
SPECIALIZATION COURSE IN AQUATIC BIODANZA

« The secret of renewal of life lies this consistency with the origin.» R. Toro

« Vivencia Aquatic Biodanza is an experience of rebirth.» R. Toro

The proposed vivencias allow a deepening of the trance states and regression proposed in Biodanza and have as a REBIRTH effect.
The exercises reproduce the intrauterine condition and favor a return to the origin, which consists in reliving prenatal and perinatal states at a biological level.
The trance and regression states achieved are of great depth and high integrating power. The end of the regression state exit is characterized by Consciousness Expansion.

Trance and regression in aquatic biodanza strongly stimulate the organic regeneration ability and are accompanied by a deep pleasure.
You live deep, moving and transcendent states of affective expansion, intensifying the perception of being One with the Whole. In a protected and highly nutritious environment, it amplifies the erotic and affective pleasure of love, the fusion with the other.

The benefits of Aquatic Biodanza
The vivencia stimulate a deep connection with life, dissolve the armor, elevate internal mood and treat stress.
Increase self-esteem, erotism and feeling of peace.

Theory: 
- Study and analysis of Biodanza Trance and Regression concept.
- Symbolic and archetypal aspects of the Water element.
- Specific methodology of Aquatic Biodanza.

Vivencia: 
- Vivencia and Suspension Trance in warm water.

During the extension you can experience the Suspension Trance in warm water.
A return to the original pure essence

RESIDENTIAL SPECIALIZATION COURSE IN AQUATIC BIODANZA

The Specialization Course in Aquatic Biodanza is residential. The proposal is an exclusive experience in a quiet and familiar environment. It is a unique experience in sharing spaces, relaxing, sunbathing in the garden, eating together and sleeping. The intensive course has a day off to enjoy the beauties of the cities of Padua and Venice.

The hosting association offers:

- green area
- swimming pool with water heated to the temperature of 36.5°C
- B&B accommodation from Friday night to Wednesday afternoon (single rooms, an attic with three beds, comfortable lounge to sleep with sleeping bags at an affordable price B&B).
- kitchen available for the group

Nearby there are other B&Bs.
Bring at least two costumes, bath cap, bathrobe, slippers, water and some snacks to share

Please note that reservation is required. The number of course participants is limited, registration will be accepted based on the date of receipt of the application forms and payment of the course fees.

Raffaella Zanetto
Certified teacher since 1994, has carried out her training in Biodanza with prof. R.Toro. She has been leading regular groups of aquatic biodanza since 1997. Co-director of the S.R.Toro Biodanza School -Triveneto and Specialist Teacher of Aquatic Biodanza since 2008, she has carried out numerous regular specialization courses.
RESIDENTIAL SPECIALIZATION COURSE IN AQUATIC BIODANZA
PADOVA - ITALY

Intensive Summer Specialization Course 2024
TWO MODULES AUGUST 2024
24-25 e 27-28 August 2024

Tuition hours: Saturday from 10.00 am to 8.30 pm / Sunday from 10.00 am to 8.30 pm
Monday off. / Tuesday from 10.00 am to 8.30 pm / Wednesday 10.00 am to 5.30 pm
Translation in English.

The Specialization Course is for Biodanza teachers and trainers from S.R.Toro Biodanza Schools in the world.

Places are limited.
Registration: Raffaella Zanetto +39 339 1922331 - zanetto.raffaella@gmail.com
info@scuolabiodanzatriveneto.it

• Discounted fee with registration by 21 June 2024 •

Venue: La Casa Azzurra, via Anconitano 1, Padova - Italy  www.lacasazzurra.it

R.Toro Biodanza School - Triveneto - Padua - Italy - www.scuolabiodanzatriveneto.it